



WALKING ON WATER
BIBLE CHURCH



REST **VS.** RELIGION

CHRIST IS LORD
OVER THE SABBATH.

LUKE 6:1-11



Pastor
**MIKE
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THE LAW
ALLOWED



MERCY
MATTERS



CHRIST IS
LORD



TRUTH OVER
TRADITION

Luke 6:1-11

- Now it happened on the second Sabbath after the first that He went through the grainfields. And His disciples plucked the heads of grain and ate *them*, rubbing *them* in *their* hands.
- ² And some of the Pharisees said to them, “Why are you doing what is not lawful to do on the Sabbath?”
- ³ But Jesus answering them said, “Have you not even read this, what David did when he was hungry, he and those who were with him:

Luke 6:1-11

- ⁴ how he went into the house of God, took and ate the showbread, and also gave some to those with him, which is not lawful for any but the priests to eat?”
- ⁵ And He said to them, “The Son of Man is also Lord of the Sabbath.”
- ⁶ Now it happened on another Sabbath, also, that He entered the

Luke 6:1-11

- ⁷ So the scribes and Pharisees watched Him closely, whether He would heal on the Sabbath, that they might find an accusation against Him.
- ⁸ But He knew their thoughts, and said to the man who had the withered hand, “Arise and stand here.” And he arose and stood.
- ⁹ Then Jesus said to them, “I will ask you one thing: Is it lawful on the Sabbath to do good or to do evil, to save life or to destroy?”

Luke 6:1-11

- ¹⁰ And when He had looked around at them all, He said to the man, “Stretch out your hand.” And he did so, and his hand was restored as whole as the other.
- ¹¹ But they were filled with rage, and discussed with one another what they might do to Jesus.

Christ's Proven Authority

- Authority over **Nature** – Great catch of Fish
- Authority over **Disease** – Heals the Leper
- Authority over **Sin** - Healing the paralytic
- Authority to **Call Disciples** – Call of Levi
- Authority to **Save Sinners** – Tax Collector Party
- Authority over **Religious Practices** - Fasting
- Authority to **Establish the New Covenant** –
New Garment, New Wine and Wine Skins

Authority over the Sabbath

- **The Real Conflict**
- Not about corn.
- About authority.

- Who defines obedience?
- Tradition vs Scripture
- Rest becoming burden

Sabbath - Historical Context

- Sabbath was a blessing.
- Oral traditions multiplied.
- Additional restrictions formed around God's commands.
- **Result:** burden replaced rest.

Luke 6:1 What Happened?

- **Disciples:**
- Hungry; Plucked grain; Rubbed grain; Ate
- **Deut. 23:25** permitted hand gathering.
- When you come into your neighbor's standing grain, you may pluck the heads with your hand, but you shall not use a sickle on your neighbor's standing grain.

Four Levels of Alleged Work

1. Plucking → Reaping
 2. Rubbing → Threshing
 3. Separating → Winnowing
 4. Eating → Preparing Food
- Pharisees saw labor; **Jesus saw hunger.**

Plucking = Reaping

- Removing grain from stalk.
- Pharisaic interpretation: harvesting.
- Application:
- Don't expand Scripture beyond Scripture.

Rubbing = Threshing

- Rubbing separated grain from husk.
- Traditional interpretation: processing.
- Application:
- Legalism can redefine ordinary acts.

Winnowing & Preparation

- Separate grain from chaff.
- Pluck → Rub → Separate → Eat.
- Entire work cycle assumed.
- **Reality: disciples ate.**

Jesus Appeals to David

- Luke 6:3–4
- David ate consecrated bread.
- Principle:
- Mercy over ceremony.

Mercy and Sacrifice

- God's laws bless.
- Human need matters.
- Truth + compassion belong together.

Christ Is Lord of the Sabbath

- Luke 6:5
- **Jesus claims authority over Sabbath.**
- True rest is found in Christ.

Second Sabbath Encounter

- Synagogue.
- Withered hand.
- **Leaders watching for accusation.**
- The Pharisees became so critical, they could not see when people needed help
- Works of mercy never violate holiness.
- Love fulfills God's intent.

Stretch Forth Thy Hand

- Christ commands.
 - We must obey the Word of God
- Christ empowers.
 - Obedience leads to Strength and Deliverance
- **Stretch faith, obedience, trust.**

Withered Hearts

- The Man was was healed.
- The Others became angry and as a result, they were hardened.
- **Religion without Christ is dangerous.**
- They Missed the Miracle Due to their Messiness

Closing Challenge

- Have our own opinions, feelings and traditions replaced Scripture?
- Are you working from a bad mentality or are you Trusting God's Word.
- Are you resting in Christ?
- **The Sabbath points to Christ.**